

Dr. Fredrick Otieno Aoko, Esq.

PhD, LLD, h.c, PhD. Med Law, DBA



International Fidic Adjudicator, Arbitrator & Mediator |
Advocate of the High Court of Kenya | New York Attorney |
Dean of Law faculty at European International University
(EIU) Paris and a Judge with CPR (IMC) in Brazil.

About Me



Dr. Fredrick Otieno Aoko, Esq. is a distinguished legal practitioner, mediator, arbitrator, academic, and entrepreneur with a remarkable track record across multiple jurisdictions. An Advocate of the High Court of Kenya and an Attorney licensed in New York (NYSBA) and a Judge with the CPR (IMC) in Brazil, a committee member of the young arbitrators with International Institute of Conflict Prevention and Resolution (CPR, United States of America) and the Dean of Students European International University(EIU, Paris).

Professionally, he is an active member of global Institutions like The New York Bar Association(NYSBA), Common Wealth Lawyers Association(CWLA), African Arbitration Association(AFAA), a Chartered Arbitrator of the Chartered Institute of Arbitrators (Ciarb, Kenya and London),International Commission of Jurists(ICJ, Kenya chapter), a Certified Adjudicator with International Federation of Consulting Engineers (FIDIC), Certified Professional Mediator(Mediation Training Institute East Africa), a Court Annexed Mediator (Judiciary of Kenya), a Certified Elder Mediator (Mediators' Institute of Ireland and Elder Mediation International), Certified Family Mediator (Family Mediation Training, Canada), member of the National Certified Mediator (NCPM,USA),Member of the London Court of International Arbitration (LCIA),member of the African User Council amongst other professional bodies.



About Me

He is an acclaimed Arbitrator and Mediator with a distinguished career in law. Academically, he holds a Doctorate in Laws in Alternative Dispute Resolution, Honoris Causa (LLD, h.c) from the European International University and another Honorary Doctorate from the European School of Management and leadership and Business Administration; as well as a doctorate in Medical Law from (FACMED) Brazil faculty of Medicine and Legal Sciences. Fredrick holds a Bachelors of Laws (LLB) from Mt. Kenya University, a Masters of Law (LLM) from University of Birmingham, Masters in International Relations from Liverpool John Moores University. Post graduate studies from the Harvard Executive Law School, Kenya School of Law and the University of Cambridge.

He also has a unique interest in Artificial Intelligence holding other post graduate studies from Wenzhou State University-China, Brown University and Massachusetts Institute of Technology in the United States of America (USA).

Before developing an interest in Law, he had been awarded a Bachelors in Information Science and a Masters in Information Systems from Kenyatta University. He has just completed a post graduate studies in Leadership and Management from University of Oxford. He is also a dual PHD candidate at the Monarch Business School Switzerland pursuing Doctorate in Political Science and International relations. Currently, he is undertaking a postgraduate studies in Financing and deploying clean energy at Yale University school of Environment and his Post Doctoral in Resource Mobilization at European International University (EIU).



About Me

Fredrick serves as a private professional certified mediator in Kenya, Ireland, United States of America and Canada, an international arbitrator in Africa, Europe, Asia and the United States as well as an ADR consultant based in Nairobi, Kenya. He is also serving as a court annexed Mediator with the Judiciary of Kenya where he has an impressive record of successfully handling contentious and complex litigation briefs through mediation across several courts in Kenya. He has supervised and mentored many young mediators in Kenya and globally. He is an advocate of good governance, accountability, transparency and reconciliation.

He is an astute leader and the current chairman and founder of reputable companies like Fregest International Packaging LTD, Freken Motors LTD, Fregest Aqua and Pak Corrugated LTD. He is also a managing partner and heads the Alternative Dispute Resolution at Aoko Githara & Company.

He is a selfless young man who is running several charitable activities within the country, he has a soft spot for bright needy students due to his personal experience while growing up.

Driven by a deep sense of purpose and a philosophy of "faith over fear," Dr. Aoko is known for empowering others, promoting transparency and good governance, and uplifting disadvantaged communities through education and charitable work. An avid golfer, motocross enthusiast, storyteller, and former SDA choir member, he balances professional excellence with vibrant personal interests and a heart for service.

Educational Background

- **Doctorate in Laws (LLD, Honoris Causa) – Alternative Dispute Resolution**

European International University, Paris

- **Honorary Doctorate**

European School of Management and Leadership

- **PhD Dual PhD in political science and international relations (Ongoing)**

Monarch Business School, Switzerland

- **Master of Laws (LLM)**

University of Birmingham, United Kingdom

- **Master's in International Relations**

Liverpool John Moores University, United Kingdom

- **Bachelor of Laws (LLB)**

Mount Kenya University, Kenya

- **Bachelor of Information Science**

Kenyatta University, Kenya

- **Master's in Information Systems**

Kenyatta University, Kenya

- **Postgraduate Certificate in Executive Law**

Harvard Executive Law School, United States

Educational Background

- Postgraduate Certificate in Legal Practice

Kenya School of Law, Kenya

- Postgraduate Studies in Medical and Genetic Law

University of Cambridge, United Kingdom

- Postgraduate Course in Leadership and Management

University of Oxford, United Kingdom

- Postgraduate Course in Financing and Deploying Clean Energy

Yale University – School of Environment, United States

- Postgraduate Certificate in Artificial Intelligence

Wenzhou State University, China

Brown University, United States

Massachusetts Institute of Technology (MIT), United States

Work Experiences

1. Managing Partner & Head of Alternative Dispute Resolution

Aoko Githara & Company Advocates | Nairobi, Kenya

- Leads the firm's ADR practice, handling high-profile arbitration and mediation cases across Africa, Europe, and the United States.
- Oversees complex litigation matters with a focus on amicable resolution through mediation, arbitration, and negotiation.
- Advises corporate and government clients on commercial, family, and international disputes.
- Mentors junior associates and mediators, fostering a culture of legal excellence and ethical practice.

2. Court Annexed Mediator

Judiciary of Kenya

- Serves under the judiciary's official mediation program, successfully resolving contentious legal disputes across multiple courts.
- Specializes in civil, commercial, and family disputes with a high settlement rate.
- Recognized for handling emotionally charged and complex matters with professionalism and discretion.
- Actively trains and supervises emerging mediators under judiciary programs.

3. International Arbitrator & Mediator

Various Panels – Africa, Europe, Asia, USA

- Appointed to arbitrate cross-border commercial and investment disputes.
- Certified and recognized by leading global ADR institutions such as CIArb (London and Kenya), FIDIC, and LCIA.
- Applies international arbitration rules and ethics to diverse jurisdictional contexts.

Work Experiences

4. Dean of Students

European International University (EIU) | Paris, France

- Provides academic leadership, student mentorship, and policy oversight for a diverse international student body.
- Coordinates student support services, leadership training, and co-curricular programs.
- Plays a critical role in shaping institutional strategy and student development frameworks.

5. Chairman & Founder

Fregeest International Packaging Ltd, Freken Motors Ltd, Fregeest Aqua, Pak Corrugated Ltd

- Founded and leads four successful enterprises across the manufacturing, packaging, water, and automotive sectors.
- Oversees corporate strategy, governance, and sustainability practices.
- Champions ethical business practices and community engagement.

6. Alternative Dispute Resolution Consultant

Independent Practice | Nairobi, Kenya

- Consults for NGOs, corporates, and institutions on conflict resolution frameworks and policy development.
- Delivers training in mediation, negotiation, and arbitration for legal and business professionals.
- Advises on the integration of ADR mechanisms in public and private sectors.

Training/ Certificates

- Chartered Arbitrator – Chartered Institute of Arbitrators (CIArb, Kenya & London).
- Certified Adjudicator – International Federation of Consulting Engineers (FIDIC).
- Certified Professional Mediator – Mediation Training Institute.
- Certified Court Annexed Mediator – Judiciary of Kenya.
- Certified Elder Mediator – Mediators’ Institute of Ireland & Elder Mediation International Network.
- Certified Family Mediator – Family Mediation Training, Canada.
- National Certified Professional Mediator – NCPM, USA.

Skills

1. Alternative Dispute Resolution (ADR)
2. Arbitration (International and Domestic)
3. Mediation (Court-annexed, Family, Elder, and Cross-border)
4. Legal Practice and Litigation
5. Academic Administration and Mentorship
6. Conflict Management and Negotiation
7. Organizational Leadership
8. Artificial Intelligence in Law
9. Business Development and Corporate Governance

Achievements

Dr. Fredrick Otieno Aoko has established himself as a leading figure in alternative dispute resolution both in Kenya and internationally. His distinguished career includes serving as a certified mediator and arbitrator across multiple continents, where he has successfully facilitated the resolution of complex legal disputes in diverse cultural and jurisdictional contexts. His expertise is recognized by prestigious institutions such as the Chartered Institute of Arbitrators, the London Court of International Arbitration, and the International Federation of Consulting Engineers (FIDIC).

Academically, Dr. Aoko has been honored with multiple honorary doctorates in recognition of his significant contributions to law and leadership. He is a sought-after mentor who has guided numerous young mediators and legal practitioners, fostering a new generation of skilled professionals committed to justice and fairness.

Beyond his legal practice, Dr. Aoko's entrepreneurial spirit has led to the founding and leadership of several successful companies in the packaging, automotive, and water sectors, demonstrating his versatility and business acumen. He has also earned multiple accolades in motocross racing, representing Kenya on the international stage and winning several awards for his skill and sportsmanship.

Committed to social impact, he actively supports educational initiatives for bright but underprivileged students, drawing from his own personal experiences to inspire and uplift others. Through his leadership, mentorship, and service, Dr. Aoko continues to make a lasting impact in law, business, and community development.





Contact



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